

# IDAS Screening Process



Autisme,  
Déficience Intellectuelle,  
Suicide

## Identify an at-risk person– IDAS screening process

**When?** Once a person presents a cause for concern and is not clearly presenting MAAS.  
If suicidal behaviours or ideations are clearly present, the screening is complete.



Last name, Name:		Screening date :	Date and context of MAAS:
Name of person conducting screening:		Relationship with person:	
<p><b>Information to collect:</b> Indicators on which to base your clinical judgment about the presence of MAAS.</p> <p><b>Existing MAAS:</b></p> <ul style="list-style-type: none"> <li>- Verbal and non-verbal communication (indicate exact wording)</li> <li>- Behaviours</li> <li>- Thoughts</li> </ul> <p><b>Elements of suicidal planning</b></p> <ul style="list-style-type: none"> <li>- Method/means, time, location, preparations for death</li> </ul> <p><b>Danger Assessment</b></p> <ul style="list-style-type: none"> <li>- Access to means, lethality of means (real and perceived by the person), planning ability</li> </ul> <p><b>Recent changes in the person's normal functioning that are causing concern about the possibility of MAAS. (Including the period in which changes were observed)</b></p> <ul style="list-style-type: none"> <li>- Cognitions, behaviours, emotions, neurovegetative indicators, somatic indicators, psychiatric indicators, loss of skills and a difficulty in adapting to their current situation</li> </ul> <p><b>Current signs of hopelessness and distress</b></p> <p><b>Reasons and trigger events of the current MAAS episode</b></p> <ul style="list-style-type: none"> <li>- Apparent reasons of the MAAS episode or observed changes.</li> </ul>	Observer	<p><b>Observe:</b> Collected information Source: Questions to person, observations, questions to professionals or close persons, person's file</p>	
	Decider	<p><b>Decide:</b> Decisions resulting from the screening process</p> <p>The person presents MAAS</p> <ul style="list-style-type: none"> <li>- <b>Yes</b> – go to the estimation of danger of attempting suicide and analysis of the suicidal episode</li> <li>- <b>No</b> –implement interventions to reduce the person's distress</li> </ul>	
	Agir	<p><b>Act:</b> Intervene to manage the suicidal episode based on the person's needs.</p> <p>Danger assessment, complete analysis and management of the suicidal episode</p> <p>Even in the absence of MAAS, it is important to intervene to:</p> <ul style="list-style-type: none"> <li>- Explore the sources of change in the normal functioning</li> <li>- Identify the distress and its sources</li> <li>- Implement procedures to reduce distress</li> </ul>	